Management & leadership · ML296

Prioritisation and Planning: The Keys to Time Mastery

Kuala Lumpur · 7 - 11 Dec 2026

Date	Venue	Duration
7 - 11 Dec 2026	**Kuala Lumpur**	**1 Week**
Fee	Ref	Language
£5,000 GBP	**ML296**	**English**

Introduction

In today’s fast-paced world, the ability to prioritise tasks and plan effectively is crucial for both personal and professional success. Without a structured approach, individuals and organisations often struggle with inefficiencies, missed deadlines, and overwhelming workloads.

This training programme provides a deep dive into the principles of prioritisation and planning, equipping participants with the tools and techniques needed to enhance productivity, reduce stress, and achieve goals efficiently. Participants will learn how to differentiate between urgent and important tasks, develop strategic planning skills, and apply proven time management frameworks to optimise their daily workflows.

Through interactive exercises, real-world case studies, and practical applications, this programme fosters a mindset shift towards proactive planning and disciplined execution. Whether you're managing a team, handling multiple projects, or seeking to improve personal effectiveness, mastering prioritisation and planning is the key to achieving sustainable success.

Course Objectives of Prioritisation and Planning: The Keys to Time Mastery

Upon completing this programme, participants will be able to:

- Understand the core principles of prioritisation and planning.
- Utilise effective time management techniques to improve productivity.
- Apply the Eisenhower Matrix and other prioritisation models in daily tasks.
- Develop structured planning habits to enhance decision-making.
- Manage workloads efficiently by balancing urgency and importance.
- Minimise procrastination and maximise focus through strategic scheduling.
- Implement digital and traditional tools for better task organisation.
- Cultivate a proactive rather than reactive approach to managing work.

Course Methodology of Prioritisation and Planning: The Keys to Time Mastery

- Lectures and Expert Insights: Leading industry experts will share their insights and best practices.
- Case Studies: Analyse real-world talent acquisition challenges and solutions.
- Group Discussions: Engage in meaningful discussions and share experiences with peers.
- Role-Playing and Simulations: Practice recruitment scenarios to enhance skills.
- Hands-on Workshops: Gain practical experience in using recruitment tools and techniques.

Organisational Impact of Prioritisation and Planning: The Keys to Time Mastery

This training programme will have a positive impact on organisations by:

- Increased Productivity: Employees become more efficient in handling tasks, leading to better resource utilisation.
- Better Decision-Making: Structured planning results in clearer strategies and more informed choices.
- Reduced Workplace Stress: Employees experience less burnout due to better workload management.
- Improved Project Timelines: Deadlines are met more consistently, enhancing overall operational efficiency.
- Higher Employee Engagement: A structured approach to tasks reduces frustration and increases job satisfaction.
- Optimised Resource Allocation: Organisations can prioritise tasks based on business impact.

Personal Impact of Prioritisation and Planning: The Keys to Time Mastery

Participants will experience personal growth and development, including:

- Enhanced ability to prioritise tasks effectively.
- Greater control over time and daily responsibilities.
- Improved focus and productivity in both professional and personal life.
- Reduced stress and increased job satisfaction.
- Stronger ability to set and achieve personal and professional goals.
- Confidence in handling multiple projects and deadlines efficiently.

Who Should Attend

This training programme is ideal for:

- Managers and team leaders looking to enhance efficiency.
- Professionals handling multiple projects and deadlines.
- Business owners and entrepreneurs aiming for better time control.
- Employees seeking to improve task management and reduce stress.
- Anyone struggling with prioritisation, planning, and productivity.

Course Outlines

Day 1

Foundations of Prioritisation and Planning

- Introduction to time mastery: Why prioritisation matters
- Understanding the psychology of time management
- Common time management challenges and how to overcome them
- Key prioritisation models: Eisenhower Matrix, ABCDE Method, Pareto Principle
- Interactive exercise: Identifying personal time wasters

Day 2

Mastering Prioritisation Techniques

- Differentiating urgent vs. important tasks
- Strategic task delegation for better efficiency
- Using the Eisenhower Matrix for decision-making
- Case study: Applying prioritisation in real-world scenarios
- Group activity: Creating a prioritisation framework for daily work

Day 3

Effective Planning Strategies for Success

- Short-term vs. long-term planning techniques
- SMART goal setting for effective time management
- The importance of daily and weekly planning routines
- Using digital and paper planners for better organisation
- Practical exercise: Developing a personal and professional planning roadmap

Day 4

Overcoming Productivity Killers and Distractions

- Identifying common distractions in the workplace
- Strategies for managing interruptions and maintaining focus
- Time blocking and batching techniques for maximum efficiency
- The power of saying "no": Setting boundaries for better time control
- Role-playing session: Handling unexpected work demands effectively

Day 5

Creating a Sustainable Time Management System

- Review of key concepts and techniques learned
- Integrating prioritisation and planning into daily work routines
- Developing habits for long-term time mastery
- Personalised action plans for continued success
- Course wrap-up and Q&A session

Register or ask about this course online

https://www.hplustraining.com/cities/kualalumpur/prioritisation-and-planning-the-keys-to-time-mastery-59275

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