Special Courses · SC382

General EHS Training for Employees

Duration	Category	Ref
1 Week	**Special Courses**	**SC382**
Language	Certificate	
English	**Certificate of attendance**	

Introduction

Environment, Health, and Safety (EHS) is a core organisational responsibility that ensures employees work in a safe, healthy, and environmentally responsible workplace.
This 5-day training programme provides employees with practical knowledge and awareness of EHS principles, workplace hazards, safety procedures, and their roles in preventing accidents, injuries, and environmental harm.
The course is designed to build a strong safety culture and support compliance with local and international EHS standards.

Course Objectives

By the end of this course, participants will be able to:

- Understand the fundamentals of Environment, Health, and Safety (EHS)
- Identify common workplace hazards and associated risks
- Apply basic safety controls and preventive measures
- Use Personal Protective Equipment (PPE) correctly
- Respond effectively to workplace emergencies
- Follow safe work practices to protect themselves, others, and the environment
- Contribute positively to the organisation’s EHS culture

Organisational Impact

This course helps organisations to:

- Reduce workplace accidents, injuries, and near misses
- Improve compliance with EHS laws, regulations, and internal policies
- Enhance productivity through safer working conditions
- Reduce costs related to incidents, medical claims, and downtime
- Build a proactive safety culture across all departments
- Strengthen corporate reputation and employee trust

Personal Impact

Participants will:

- Gain awareness of risks in their daily work environment
- Learn how to protect their health and personal safety
- Increase confidence in handling unsafe situations
- Develop responsibility and accountability for safety
- Improve teamwork and communication regarding safety matters
- Carry safety awareness into their daily work and personal life

Target Audience

- All employees (new and existing)
- Office staff, field staff, and operational employees
- Supervisors and team leaders (basic awareness level)
- Contractors and support staff (where applicable)
- No prior EHS knowledge required

Course Outline

Day 1

EHS Fundamentals & Safety Culture

- Introduction to EHS concepts and terminology
- Importance of EHS in the workplace
- Roles and responsibilities of employees and employers
- Safety culture and human behaviour
- Safety policies, procedures, and reporting systems
- Case studies: common workplace accidents and lessons learned

Day 2

Hazard Identification & Risk Assessment

- Types of workplace hazards:
  - Physical
  - Chemical
  - Biological
  - Ergonomic
  - Psychosocial
- Risk assessment basics (hazard vs risk)
- Hierarchy of controls
- Safe work practices

Day 3

Health, Ergonomics & PPE

- Occupational health and common work-related illnesses
- Ergonomics in the workplace (office & operational)
- Manual handling and safe lifting techniques
- Personal Protective Equipment (PPE):
  - Types of PPE
  - Correct selection and usage

- Limitations and maintenance

Day 4

Environmental Safety & Emergency Preparedness

- Environmental awareness and responsibilities
- Waste management and pollution prevention
- Chemical handling and basic spill response
- Fire safety:
  - Fire types
  - Fire prevention
  - Fire extinguishers
- Emergency procedures:
  - Evacuation
  - First response actions
  - Incident reporting

Day 5

Incident Management & Continuous Improvement

- Accident, incident, and near-miss reporting
- Root cause analysis (basic concepts)
- Corrective and preventive actions
- Safety communication and toolbox talks
- Employee participation in EHS programmes
- Course review and key takeaways

Ask us for a date for this course

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training@hplustraining.com · +44 74 0108 8599 · +90 539 827 59 14